

# What Does the Doctor Do?

First the doctor applies a numbing cream to the vagina, clitoral region, and the arm. Then blood is drawn from the arm in the same way as with any blood test. Using a centrifuge and a special cassette, platelet rich plasma (PRP) is isolated with the resultant growth factors and stem cells. A very thin needle is used to inject the growth factors and stem cells into the clitoris and the upper vagina, the area most important for the sexual response, *the O-Spot*. Because these areas have been numbed with the anesthetic cream, the woman feels little or no pain.

The procedure is simple, quick, and with minimal risk since we are simply re-injecting a patient's own concentrated plasma with enriched growth factors back into their own bodies. The results for some women are instantaneous, but for the majority of women it takes several weeks to achieve the full effects. After the procedure you are able to immediately resume normal activities including your preferred sexual activities.

## More Facts...

- PRP (what is injected with the Orgasm Shot™) is being researched to regenerate the pancreas, the brain (Parkinson's), and to help regenerate the heart muscle after heart attack.
- PRP (made in the same way) is used already (mixed with fatty tissue) for breast augmentation.
- PRP (made in the same way) has been used for years in orthopedics to help regenerate the knee and to help with pain.
- PRP (made in the same way) is used in dental surgery to help with healing.
- PRP (made in the same way) is used in diabetic wounds to help with healing.
- Collagen and collagen-like materials have been used for years to inject the vagina for help with urinary incontinence and to augment the G-spot, but collagen has *MORE* potential side effects than does PRP.
- Use of PRP in the vagina has not been extensively studied and is an off-label use.
- There can be no guarantee of results in any woman with any procedure including this one.

## What Women Tell Us After Having the O-Shot®

Although each woman's experience can be different, here's a list of some of the things our patients have told us they experience after having the O-Shot ® and rejuvenating the Orgasm System..

Greater arousal from clitoral stimulation

Younger, smoother skin of the vulva (lips of the vagina)

A tighter introitus (vaginal opening)

Stronger orgasm

More frequent orgasm

Increased sexual desire

Increased ability to have a vaginal orgasm

Decreased pain for those with dyspareunia (painful intercourse)

Increased natural lubrication

Decreased urinary incontinence (the original use of injections in this area)

### Sexual Dysfunction Evaluation and Treatment

Many patients suffer from sexual dysfunction and don't know who to see, what to do about it, or if there are any treatments available for it. Symptoms may be loss of interest in intimacy, poor response to one's partner, physical problems with arousal, lubrication and orgasm.

We are trained in evaluation and treatment options for these conditions. Hormone optimization, objective screening protocols, and up to date therapy can usually improve the patient's condition and help them to return to a satisfactory sexual lifestyle.

Dr. Childrey has trained to provide the PRP (platelet rich plasma) treatment to appropriate patients which has the potential to rebuild one's more "youthful" vaginal tissue which can rejuvenate sexual pleasure and desire. Known as the O-Shot, which was a procedure developed by Dr. Charles Runels, many patients have had improvement also with stress urinary incontinence while their sexual dysfunction improved or totally resolved.

Go to [oshot.info](http://oshot.info) for more information from Dr. Runels website.

### Urinary Incontinence Evaluation and Treatment

If you suffer from urinary incontinence, we are now able to offer another treatment option.

PRP (platelet rich plasma) injections to the appropriate areas in the peri-urethral, peri-bladder regions has shown significant improvement of the patient's incontinence without having to resort to surgical intervention. This procedure is performed in the office with local analgesia/anesthesia. The patient is usually able to go back to work or home immediately after the treatment is completed. Results have been reported as early as two to three days post treatment, but success varies from patient to patient.

Make an appointment for an examination and evaluation to determine if this option for incontinence treatment could work for YOU!!